



THE DERMATOLOGY CLINIC

Stapled Wound Care

- No strenuous activity for 48 hours. Resume moderate activity in 48 hours. No heavy exercising until you are seen for follow up in one week.
- If you require medication to control pain, you may take extra strength Tylenol.
- Do not drink alcoholic beverages for 48 hours.
- No dietary restrictions.
- Keep the pressure bandage in place for 24 hours. If the bandage becomes blood tinged or loose, reinforce it with gauze and tape. (Refer to the reverse side of this page for management of bleeding).
- Remove bandage in 24 hours and begin wound care as follows:
 1. Rinse the stapled area with tap water. (shower / bathe / shampoo normally)
 2. Dry wound with Q tip or gauze pad
 3. Apply Polysporin, Bacitracin Ointment, Aquaphor Ointment, or Vaseline to the staples.
 - Do **NOT** use Neosporin Ointment
 4. Cover the wound with a bandaid or nonstick gauze pad and paper tape.
 5. Repeat wound care once a day until staples are removed.

Supplies Needed:

Qtips or gauze pads
Aquaphor, Vaseline, Polysporin or
Bacitracin Ointment Band aids or
nonstick gauze pads and paper tape

In case of emergency phone: (862) 209-0873



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POSSIBLE COMPLICATIONS

BLEEDING:

1. Use tightly rolled up gauze or cloth to apply direct pressure over the bandage for 20 minutes.
2. Reapply pressure for an additional 20 minutes if necessary
3. Call the office or go to the nearest emergency room if pressure fails to stop the bleeding.
4. Use additional gauze and tape to maintain pressure once the bleeding has stopped.
5. Begin wound care 24 hours after surgery as directed.

PAIN:

1. Post operative pain should slowly get better, beginning the evening after surgery.
2. A sudden or severe increase in pain may indicate a problem. Call the office if this occurs.