



Liquid Nitrogen Treatment

What is liquid nitrogen treatment?

- Liquid nitrogen is a cold liquefied gas with a temperature of ---196 degrees Fahrenheit. It is used to freeze and destroy superficial skin growths such as warts and keratoses. Liquid nitrogen causes stinging and mild pain while the growth is being frozen and then thaws. The discomfort lasts less than five minutes.

What will my skin feel like after treatment?

- Some hours after liquid nitrogen treatment, your skin will become swollen and red; later on it may blister. Then a scab (crust) will form. It will fall off by itself in one to three weeks. The skin growth will come off along with the scab, leaving healthy new skin. If your growth required deep---freezing to remove, there may be quite a bit of blistering and swelling, especially if your hand or eyelids were treated. The blisters and swelling are part of the treatment and will gradually heal by themselves.

Does my skin need any special care after treatment?

- No special care is needed after liquid nitrogen treatment. Just ignore it. You can wash your skin as usual and use make-up or other cosmetics. If clothing irritates the area, cover it with a small bandage (Band-Aid®).

Does the liquid nitrogen treatment always work?

- Sometimes liquid nitrogen treatment fails. If the growth is not cured by your liquid nitrogen treatment, please make a return appointment.

What should I do if I have any questions?

- This sheet is designed to outline the proper procedures for caring for your wound. If you have any questions about these instructions, please ask the nurse or doctor.

If you have questions or concerns about your treatment, please contact our office at the number listed below. For ALL emergencies, please head to your nearest emergency room or call 911.

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